



2019

DIRECT FACTORY
& ON STOCK





SAI Nutrition is a private label & contract manufacturer. The factory of 3000 sqm is located in the south of France. SAI supports greatest brands in weight management, sport, tailored nutrition.

Since more than 15 years, we make our know-how and our knowledge at your disposal to support your products launches. We select the best european raw materials. We are in compliance with international and european regulations, and to ISO 9001:2015 certification.

Our team places innovation and scientific research at the heart of its concerns, for giving you the best formulations. SAI is the leader of product development and can answer to all your requests about specifications of the product : nutritionnal values, flavours, packagings ...

Find out our product range:
A wide-range of direct factory and on stock products
(*or* : available immediately and from a low minimum order quantity).



PROTI-CRUNCH



With real chocolate chips and casein. You have never crunched that before!

➤ **PROTI-CRUNCH**
GV-UN38



HIGH PROTEIN

Proti-crunch

Nutritional values	per 100 g	per 40 g
Energy (kcal)	501	201
Protein (g)	25.1	10
Fat (g)	26.3	10.5
Carbohydrate (g)	39.2	15.7
of which sugars (g)	26.5	10.6
Fibres (g)	2.2	0.9

HOT DRINKS

(powder to rehydrate)



Savoury high-protein drinks for breakfast or throughout the day.

- **CAPPUCCINO** **
GV-UN29

➤ **CAPPUCCINO FLAVORED AMARETTO**
GV-SN05

➤ **ICED COFFEE** **
GV-UR34
- **IRISH CHOCOLATE** *
GV-SN06

➤ **CHOCOLATE** **
GV-UN31

➤ **VANILLA**
GV-UN38

Packaging variant: sachet (*on stock), pot (*on stock), big bag



- ✓ HIGH PROTEIN

✓ LOW CARB

✓ NO FAT

Cappuccino drink

Nutritional values	per 100 g	per sachet (25g)
Energy (kcal)	352	88
Protein (g)	72	18
Fat (g)	1,2	0,3
Carbohydrate (g)	9,6	2,4
of which sugars (g)	5,6	1,4
Fibre (g)	3,7	0,9



FLAVORED COLD DRINKS

(powder to rehydrate)



Quickly prepared drinks for a fresh break.
High protein drinks , perfect at any time of the day.

- **RED BERRIES** **
GV-SM95

➤ **ORANGE** **
GV-SK22

➤ **STRAWBERRY PINEAPPLE SMOOTHIE** *
GV-SN12

➤ **PINA COLADA** *
GV-US40
- **ORANGE PINEAPPLE** *
GV-UI22

➤ **PEACH MANGO** **
GV-SM94

➤ **MILK SHAKE COCOA VANILLA**
GV-UN30



Packaging variant: sachet (*on stock), pot (*on stock)

- ✓ HIGH PROTEIN

✓ LOW CARB

✓ NO FAT



Orange flavored drink

Nutritional values	per 100 g	per sachet (21.5g)
Energy (kcal)	348	75
Protein (g)	74.5	16
Fat (g)	0.7	0.2
Carbohydrate (g)	7.3	1.6
of which sugars (g)	6.6	1,4
Fibre (g)	0.1	0

SOUPS

(powder to rehydrate)



Creamy high-protein soups to enjoy during the main meals.

- **CHICKEN FLAVORED NOODLE SOUP** *
GV-UR21

➤ **MUSHROOM FLAVORED CREAM SOUP** * *
GV-SM89

➤ **GREEN-VEGETABLES FLAVORED CREAMSOUP** * *
GV-UN56

➤ **ASPARAGUS FLAVORED CREAM SOUP** *
GV-UR22
- **BEEF FLAVOURED NOODLE SOUP** *
GV-UG95

➤ **LEEK FLAVORED CREAM SOUP** *
GV-UR23

➤ **TOMATO BASIL SOUP** *
GV-UR20

➤ **CHICKEN FLAVORED CREAM SOUP** * *
GV-SK32

Packaging variant: sachet (*on stock), pot (*on stock)



- ✓ HIGH PROTEIN

✓ LOW CARB

✓ NO FAT

Tomato basil soup

Nutritional values	per 100 g	per sachet (23.5g)
Energy (kcal)	346	81
Protein (g)	67.9	16
Fat (g)	1,9	0,4
Carbohydrate (g)	11.6	2,7
of which sugars (g)	7.3	1,7
Fibre (g)	2.6	0,6



FLAVORED DESSERTS

(powder to rehydrate)



Gourmet desserts with high protein values.

- **BANANA** * *
GV-SM91

➤ **PEACH APRICOT**
K1996

➤ **CACAO** * *
GV-SK25

➤ **PEAR STRACCIATELLA**
GV-UR25

➤ **VANILLA** * *
GV-UR27
- **CHOCOLATE FLAN** * *
GV-SN14

➤ **VANILLA CARAMEL MOUSSE**
GV-UR32

➤ **CHOCOLATE MOUSSE**
GV-UH09

➤ **STRAWBERRY YOGURT** * *
GV-SN92

Packaging variant: sachet (*on stock), pot (*on stock), big bag

- ✓ HIGH PROTEIN

✓ LOW CARB

✓ NO FAT



Vanilla flavored dessert

Nutritional values	per 100 g	per sachet (24g)
Energy (kcal)	361	87
Protein (g)	74.8	18
Fat (g)	2	0,5
Carbohydrate (g)	9,7	2,3
of which sugars (g)	4.8	1,2
Fibre (g)	3,3	0,8

SAVORY SPECIALITIES

(powder to rehydrate)



Enjoy high-protein meals during lunch or dinner.

- CHICKEN FLAVORED NUGGETS *

GV-UR19
- MUSHROOM RISOTTO

GV-TO10
- BOLOGNESE PASTA *

GV-UR36
- SHRIMP RISOTTO

GV-UE84
- MASHED POTATOES *

GV-UR33

* On stock

- HIGH PROTEIN
- LOW CARB
- NO FAT

Chicken flavored nuggets

Nutritional values	per 100 g	per sachet (28g)
Energy (kcal)	353	99
Protein (g)	64.3	18
Fat (g)	3.4	1
Carbohydrate (g)	10.2	2.8
of which sugars (g)	3.8	1.1
Fibre (g)	9.5	2.6



OMELETS

(powder to rehydrate)



Tasty high protein omelets to compose a diet meal.

- MUSHROOM *

GV-SM88
- CHEESE FLAVORED

GV-SN01
- MIXED HERBS *

GV-SK28

* On stock



- HIGH PROTEIN
- LOW CARB
- LOW FAT

Mixed herbs

Nutritional values	per 100 g	per sachet (25g)
Energy (kcal)	389	97
Protein (g)	72	18
Fat (g)	9,2	2.3
Carbohydrate (g)	4.3	1.1
of which sugars (g)	4	1
Fibre (g)	0,7	0.2

VEGAN DRINKS (powder to rehydrate)

NEW!



An irresistible choice of vegan drinks.

👉 COCOA
GV-UR44

👉 VANILLA
GV-UR43

Packaging variant: sachet, pot



- ✓ HIGH PROTEIN
- ✓ HIGH IN FIBRES
- ✓ LOW FAT
- ✓ LOW CARB

Cocoa drink		
Nutritional values	per 100 g	per sachet (24g)
Energy (kcal)	364	87
Protein (g)	24.8	6
Fat (g)	6.9	1.7
Carbohydrate (g)	42.5	10.2
of which sugars (g)	22	5.3
Fibre (g)	16.3	3.9



PORRIDGES (powder to rehydrate)



Start the day with high protein porridge at breakfast!

👉 CINNAMON RAISINS PORRIDGE *

👉 APPLE HAZELNUT FLAVORED PORRIDGE *

* On stock

- ✓ HIGH PROTEIN
- ✓ LOW CARB
- ✓ LOW FAT
- ✓ SOURCE OF FIBRES

Cinnamon raisins porridge		
Nutritional values	per 100 g	per sachet (42g)
Energy (kcal)	370	155
Protein (g)	49.5	20.8
Fat (g)	4.9	2
Carbohydrate (g)	29.1	12.2
of which sugars (g)	6.1	2.5
Fibre (g)	5.6	2.4

RENUTRITION DRINKS (powder to rehydrate)



A functional drink containing leucine, arginine and vitamine D that helps to prevent muscle loss.

▼ **COCOA**
GV-US09



- ✓ HIGH PROTEIN
- ✓ LOW CARB
- ✓ NO FAT
- ✓ SOURCE OF FIBRES

Cocoa

Nutritional values	per 100 g	per sachet (32g)
Energy (kcal)	343	110
Protein (g)	68.5	22
Fat (g)	1.6	0.5
Carbohydrate (g)	13.9	4.4
of which sugars (g)	0.9	0.3
Fibre (g)	7.3	2.3



BRETON TASTE (powder to rehydrate)



Enjoy it at any time of the day.

▼ **ORANGE***
GV-UR35

▼ **SALMON FLAVORED BLINI**
GV-SR98

▼ **ENGLISH ***
GV-SN18

▼ **CHEESE BACON FLAVORED CREPE**
GV-UR35

▼ **NATURE**
GV-UH06

* On stock

- ✓ HIGH PROTEIN
- ✓ LOW CARB
- ✓ LOW FAT

Orange

Nutritional values	per 100 g	per sachet (25g)
Energy (kcal)	352	88
Protein (g)	72	18
Fat (g)	1,2	0,3
Carbohydrate (g)	9,6	2,4
of which sugars (g)	5,6	1,4
Fibre (g)	3,7	0,9

PASTA & SAUCES



➤ **VEGAN HIGH PROTEIN PASTA ***
PA-001-07



➤ **CARBONARA BACON AND ONION ***
SL-008-04

➤ **BOLOGNESE ***
SL-007-04

➤ **0% SALAD DRESSING ***
SL-006-04

* On stock

- HIGH PROTEIN**
- LOW CARB**
- NO FAT**



Vegan high protein pasta

Nutritional values	per 100 g	per portion (50g)
Energy (kcal)	158	79
Protein (g)	36	18
Fat (g)	3.4	1.7
Carbohydrate (g)	5	2.5
of which sugars (g)	1.4	0.7



TOAST & BREAD



➤ **TOAST ***
GV-TU17

➤ **BREAD ***
BR-001-07

* On stock

- HIGH PROTEIN**
- HIGH IN FIBRES**
- LOW CARB**

Bread

Nutritional values	per 100 g	per portion (50g)
Energy (kcal)	264	132
Protein (g)	22	11
Fat (g)	13.1	6.6
Carbohydrate (g)	7.5	3.6
of which sugars (g)	0.9	0.4
Fibre (g)	14.2	7

PALEO-CRUNCH



A tasty selection of crunchy food.

- 📄 **CHOCOLATE ***

GV-TU87
- 📄 **ORANGE ***

GV-TU88
- 📄 **ORANGE WITH CHOCOLATE CHIPS ***

GV-TU89
- 📄 **ALMOND**

GV-TU90
- 📄 **BLUEBERRY & OAT BRAN**

GV-TU87
- 📄 **COCONUT**

GV-TU93
- 📄 **CRANBERRY**

GV-TU96

* On stock

- ✓ HIGH PROTEIN
- ✓ HIGH IN FIBRES
- ✓ LOW CARB



Chocolate

Nutritional values	per 100 g	per sachet (25g)
Energy (kcal)	371	93
Protein (g)	37	9.3
Fat (g)	15.4	3.8
Carbohydrate (g)	11.6	2.9
of which sugars (g)	2.7	0.7
Fibre (g)	22.2	5.5



GOLD BREAK & EARS OF CORN



A tasty selection of high protein biscuits.

- 📄 **CHOCOLATE « EAR OF CORN »**

GV-TU19
- 📄 **STRAWBERRY « EAR OF CORN » ***

GV-TU24
- 📄 **ORANGE « EAR OF CORN » ***

GV-TU20
- 📄 **ALMOND « EAR OF CORN »**

GV-TU22
- 📄 **COCONUT « EAR OF CORN »**

GV-TU21
- 📄 **GOLD BREAK ***

GV-TT92
- 📄 **COCONUT FLAVORED «GOLD BREAK»***

GV-TT91
- 📄 **SPECULOS FLAVORED «GOLD BREAK»**

GV-TT94

Formula variant : with a chocolate layer

* On stock

- ✓ HIGH PROTEIN
- ✓ HIGH IN FIBRES
- ✓ LOW CARB



Gold break

Nutritional values	per 100 g	per sachet (22g)
Energy (kcal)	388	85
Protein (g)	40.2	8.8
Fat (g)	17.1	3.8
Carbohydrate (g)	11.6	2.6
of which sugars (g)	3	0.7
Fibre (g)	14.7	3.2

SOFT BREAK



- HAZELNUT
GV-UF2

BROWNIE
GV-TX60

GINGER
GV-TT94

LEMON
GV-TT94
- CHOCOLATE
GV-TY64

VANILLA
GV-TY65

TOFFEE
GV-UF27



- HIGH PROTEIN

HIGH IN FIBRES

LOW CARB

Chocolate

Nutritional values	per 100 g	per sachet (25g)
Energy (kcal)	291	73
Protein (g)	30.7	7.7
Fat (g)	9.7	2.4
Carbohydrate (g)	23.7	5.9
of which sugars (g)	5.8	1.5
Fibre (g)	15.9	4



CHOCOLATE BARS



No more guilt with these delicious high protein chocolate bars!

- MILK CHOCOLATE BAR *

GV-TT86

DARK CHOCOLATE BAR *

GV-TT85

WHITE CHOCOLATE BAR

GV-TT87

Formula variant: crunchy; flavors (strawberry, orange)
Weight variant: 15gr, 45gr

* On stock

- HIGH PROTEIN

HIGH IN FIBRES

LOW CARB



Dark chocolate bar

Nutritional values	per 100 g	per sachet (15g)
Energy (kcal)	498	75
Protein (g)	32.6	4.9
Fat (g)	33.7	5.1
Carbohydrate (g)	4.1	0.6
of which sugars (g)	1.4	0.2
Fibre (g)	22.3	3.3

WAFERS



Crispy sweet or salty wafers rich in protein and rich in fibres.

➤ VANILLA *
GO-006-01

➤ CHEESE *
GO-004-01

➤ CHOCOLATE *
GO-007-01

➤ HAM & CHEESE *
GO-005-01

* On stock

- HIGH PROTEIN
- HIGH IN FIBRES
- LOW CARB

Ham & Cheese flavored wafer

Nutritional values	per 100 g	per sachet (40g)
Energy (kcal)	458	183
Protein (g)	40	16
Fat (g)	24.43	9.77
Carbohydrate (g)	8.58	3.43
of which sugars (g)	0.53	0.21
Fibre (g)	22	8.8



CHOCOLATE BALLS



Tasty chocolate balls to crunch at any time of the day.

➤ WHITE CHOCOLATE BALLS 85% *
GV-TU51

➤ MILK CHOCOLATE BALLS 85% *
GV-TU50

* On stock



- HIGH PROTEIN
- HIGH IN FIBRES
- LOW CARB

Crunchy white chocolate balls

Nutritional values	per 100 g	per sachet (49g)
Energy (kcal)	477	234
Protein (g)	30.8	15.1
Fat (g)	29.8	14.6
Carbohydrate (g)	7.5	3.7
of which sugars (g)	4.1	2
Fibre (g)	24	11.8



SAVORY SNACKS



High-protein salty snacks, easy to share!

➤ **CHEESE FLAVORED BALLS**
GV-TU08

➤ **BARBECUE FLAVORED BALLS**
GV-TU09

➤ **HAM & CHEESE SNACKS ***
GV-TU01

➤ **BACON FLAVORED BALLS**
GV-TU11

➤ **TOMATO OREGANO SNACKS***
GV-TT99

➤ **CHILIFLAVORED BALLS**
GV-TU10

* On stock

- HIGH PROTEIN
- HIGH IN FIBRES
- LOW CARB



Tomato oregano snacks

Nutritional values	per 100 g	per sachet (50g)
Energy (kcal)	371	186
Protein (g)	36	18
Fat (g)	17.1	8.6
Carbohydrate (g)	4.4	2.2
of which sugars (g)	2.6	1.3
Fibre (g)	25.3	12.7



MEATS



➤ **HAM TEMPTATION ***
FK-003-04

➤ **CHEESE SAUSAGES (X3) ***
FK-004-004

➤ **SAUSAGES (X3) ***
FK-001-004

➤ **CHICKEN BURGER ***
FK-002-04

➤ **CHICKEN BURGER WITH CHEESE**
FK-005-04

* On stock



- HIGH PROTEIN
- LOW CARB
- NO FAT

Ham temptation

Nutritional values	per 100 g	per sachet (40g)
Energy (kcal)	235	94.04
Protein (g)	43.6	17.4
Fat (g)	5.15	2.06
Carbohydrate (g)	3.58	1.4
of which sugars (g)	3.58	1.4
Fibre (g)	0	0

SPREAD & JELLY



Enjoy these ready-to-eat chocolate spread, strawberry jelly and spread them on toasts for breakfast!

- HAZELNUT CACAO FLAVORED SPREAD

GV-TS35
- RASPBERRY JELLY

GV-TT35
- APRICOT JELLY

GV-TT36
- PEACH JELLY

ML-003-05
- STRAWBERRYJELLY

ML-002-05
- PEANUT BUTTER

GV-UR18
- BLACKBERRY ALMOND

GV-TT37

* On stock



- ✓

HIGH IN FIBRES
- ✓

LOW CARB

Hazelnut cacao flavored spread

Nutritional values	per 100 g	per pot (120g)
Energy (kcal)	327	392
Protein (g)	4.5	5.4
Fat (g)	25.5	30.6
Carbohydrate (g)	14.7	17.6
of which sugars (g)	1.1	1.3
Fibre (g)	35.9	43.1



SAUCES



Enjoy your meals with these low carb sauces.

- MUSTARD *

SL-003-04
- KETCHUP *

SL-002-04
- CAESAR SAUCE *

SL-001-04
- CARBONARA BACON SAUCE *

SL-008-04
- MAYONNAISE *

SL-001-04
- CITRIC 0% FAT SALAD DRESSING *

SL-006-04
- BOLOGNESE SAUCE *

SL-007-04

* On stock



- ✓

LOW FAT
- ✓

LOW CARB
- ✓

HIGH IN FIBRES

Ketchup

Nutritional values	per 100 g	per sachet (8g)
Energy (kcal)	34	2.72
Protein (g)	1.3	0.10
Fat (g)	0.5	0,01
Carbohydrate (g)	7	0,56
of which sugars (g)	4	0,32
Fibre (g)	0.59	0

CHOCOLATE COATED FRUITS



Enjoy this on-the-go snack, four fruits for your pleasure, contains collagen and WPC.

➤ **CHOCOLATE ALMOND**
GV-UL 51

➤ **CHOCOLATE GINGER**
GV-UN 07

➤ **CHOCOLATE HAZELNUT**
GV-UN 06

➤ **CHOCOLATE CRANBERRY**
GV-UN 08



SOURCE OF PROTEIN



HIGH IN FIBRES



LOW CARB

Chocolate almond

Nutritional values	per 100 g	per sachet (46g)
Energy (kcal)	545.6	251
Protein (g)	28	12,9
Fat (g)	42	19,4
Carbohydrate (g)	5.8	2,7
of which sugars (g)	3.9	1,8
Fibre (g)	17.8	8,2



ODIET



A wonderful taste, inspired from the legendary and successful original biscuit.

➤ **COCOA WITH VANILLA CREAM** *
GV-TU54/GV-UB11

➤ **VANILLA WITH COCOA CREAM**
GV-TU58

➤ **COCOA WITH ORANGE CREAM**
GV-US21

➤ **VANILLA WITH VANILLA CREAM**
GV-TU57

➤ **COCOA WITH STRAWBERRY CREAM**
GV-US22

➤ **COCOA WITH VANILLA CREAM**
GV-UP14



➤ **COCOA WITH VANILLA CREAM VEGAN**
GV-UP15



* On stock



HIGH PROTEIN



HIGH IN FIBRES



LOW CARB

Cocoa with vanilla cream

Nutritional values	per 100 g	per sachet (18g)
Energy (kcal)	411	74
Protein (g)	33.2	6
Fat (g)	22.8	4.1
Carbohydrate (g)	5.5	1
of which sugars (g)	1.7	0.3
Fibre (g)	24.1	4.3

ICE LOLLY

(water to freeze)



Funny high protein iced refreshment for summer, without artificial colours !

- **LEMON**
GV-TV23
- **ORANGE**
GV-TV12
- **COLA**
GV-TW85
- **STRAWBERRY**
GV-US42



- ☒ HIGH PROTEIN
- ☒ LOW CARB
- ☒ NO FAT

Strawberry

Nutritional values	per 100 g	per sachet (150g)
Energy (kcal)	27	40,5
Protein (g)	5	7,5
Fat (g)	0	0
Carbohydrate (g)	0,4	0,6
of which sugars (g)	0,2	0,3
Fibre (g)	0	0



COLLAGEN DRINKS

(power to rehydrate)



Tasty drink for joint health, energy & beauty, contains hyaluronic acid.

- **COLLAGEN & WHEY COCONUT VANILLA WITHOUT SWEETENERS**
GV-UP95
- **MATCHA COLLAGEN BEAUTY WATER**
GV-UP93
- **COLLAGEN & WHEY COCONUT VANILLA**
GV-UR99
- **PINEAPPLE COLLAGEN BEAUTY WATER**
GV-US60



- ☒ HIGH PROTEIN
- ☒ LOW CARB
- ☒ NO FAT

Collagen & whey coconut vanilla without sweeteners

Nutritional values	per 100 g	per sachet (35g)
Energy (kcal)	401	140
Protein (g)	71,4	25
Fat (g)	7,4	2,6
Carbohydrate (g)	11,4	4
of which sugars (g)	10,6	3,7
Fibre (g)	0,4	0,1

GRANOLA BITES



sport



weight
management



health



wellness

Small bites of protein to take away

➤ CINNAMON *
GV-UX25

➤ CHOCOLATE *
GV-VC28



EGG
FREE

* On stock



HIGH PROTEIN



LOW CARB

Cinnamon

Nutritional values	per 100 g	per sachet (44g)
Energy (kcal)	363	160
Protein (g)	34	15
Fat (g)	16,2	7,1
Carbohydrate (g)	11,3	5
of which sugars (g)	0,6	0,3
Fibre (g)	33,8	14,9



BUTTER MOON



sport



weight
management



health



wellness

Begin your day with a wonderful breakfast !

➤ BUTTER MOON *
GV-VB95

➤ BUTTER MOON
GLUTEN FREE
GV-VC30

➤ BREAKFAST CHOCOLATE ROLL *
GV-VC20

➤ BREAKFAST HOLE
GV-VC22



GLUTEN
FREE

* On stock



HIGH PROTEIN



LOW CARB

Butter moon

Nutritional values	per 100 g	per sachet (50g)
Energy (kcal)	413	207
Protein (g)	20.7	10.3
Fat (g)	28.4	14.2
Carbohydrate (g)	11.5	5.8
of which sugars (g)	1	0.5
Fibre (g)	14.8	7.4

FOOD SUPPLEMENTS

Complementa is a line of Micronutrition and monthly treatments specifically developed by medical specialists and technical formulators that has as its main objective to offer products of the highest quality.

SAI Nutrition has designed an extensive range of products with the aim of providing quality, safe and natural solutions.

Our technical R&D team is in constant development with

updated monitoring of international developments in the sector, to be able to incorporate them into new formulations and thus be able to offer the latest advances in Micronutrition.

Commitment to quality:

The products of the Complementa range are manufactured in Spain and France, following the standards and quality certifications that allow us to offer levels of safety, quality and absolute confidence:



ISO 9001. Management System Standard Quality Control (QMS) internationally recognized, which demonstrates the efficiency and excellence in the manufacture of the products.



ESFS (Expert System for Formula on Support). Guarantee of industrial efficiency to reduce costs associated with the develop-ment of products.



GMP (Good Manufacturing Practices - Good Manufacturing Practices). Define the part that guarantees the best quality and homogeneity of the products produced.



Guarantee of quality and traceability of all the raw materials of the Complementa range. The application of this standard of manufacture is accompanied by the commitment not to use Genetically Modified Ingredients (without GMOs) or other ingredients containing pesticides or with risk of contamination by heavy metals.



Product ranges Complementa has a range of more than 40 references to respond to the different needs that may arise throughout the life of people.

Our obligation is to spread and promote healthy habits through prevention, with the responsible use of safe and quality food supplements:

- 1. Ampoules Click & drink@system
- 2. Weight loss and Weight control
- 3. Health and Wellbeing
- 4. Women and Beauty
- 5. Vitamins and Minerals
- 6. Bg Pharma

ALL OUR PRODUCTS ARE AVAILABLE ON PRIVATE LABEL | POSSIBILITY TO CUSTOMIZE TO YOUR BRAND.

COMPLÉMENTS ALIMENTAIRES

Complementa est une gamme de micronutrition spécialement développée par des médecins spécialistes et des formulateurs techniques dont le principal objectif est de proposer des produits de la plus haute qualité.

SAI Nutrition a conçu une vaste gamme de produits dans le but de fournir des solutions de qualité, sûres et naturelles.

Notre équipe R&D technique est en constante évolution, avec

un suivi actualisé des développements internationaux dans notre secteur, afin de pouvoir les intégrer dans de nouvelles formulations et ainsi pouvoir offrir les dernières avancées en matière de micronutrition.

Engagements qualité:

Les produits de la gamme Complementa sont fabriqués en Espagne et en France, conformément aux normes et aux certifications de qualité qui nous permettent d’offrir des niveaux de sécurité, de qualité et de confiance absolue:



ISO 9001. Le contrôle de qualité standard du système de gestion (QMS) est reconnu internationalement, ce qui démontre l’efficacité et l’excellence de la fabrication des produits.



ESFS (Système expert pour Formula on Support). Garantie d’efficacité industrielle permettant de réduire les coûts liés au développement des produits.



GMP (Good Manufacturing Practices - Good Manufacturing Practices). Garantie un haute qualité et homogénéité des produits fabriqués.



HACCP. Garantie de qualité et de traçabilité de toutes les matières premières de la gamme Complementa. L’application de cette norme de fabrication s’accompagne d’un engagement de ne pas utiliser d’ingrédients génétiquement modifiés (sans OGM) ou d’autres ingrédients contenant des organismes nuisibles ou contenant un risque de contamination par les métaux lourds.



La gamme Complementa propose une ligne de plus de 40 références afin de répondre aux différents besoins pouvant survenir tout au long de la vie des personnes.

- 1. Ampoules Click & drink@system
- 2. Weight loss and Weight control
- 3. Health and Wellbeing
- 4. Women and Beauty
- 5. Vitamins and Minerals
- 6. Bg Pharma

TOUS NOS PRODUITS SONT DISPONIBLES EN NEUTRE ET PERSONNALISABLES A VOTRE MARQUE

FOOD SUPLEMENTS

Click&Drink® System

Natural & ORGANIC ingredients. Preservatives-Free.
Ingrédients naturels et BIO. Sans conservateurs.



- > Sterilisable plastic ampoules Click&Drink®

> Approved material by the FDA and EEC

> Volume available: 10ml

> Utilisations: Alimentary - Cosmetics
- > Ampoules en polypropylène stérilisables Click&Drink®

> Matériel approuvé par la FDA et la CEE.

> Volumes disponibles: 10ml.

> Utilisations: Alimentaires - Cosmétiques.

BENEFITS

No more glass fragments
Unbreakable
Nomadic
Sterilizable up to 115°C
Clean filling
Color code: to choose
Easy opening
Eco-friendly
DO NOT HESITATE TO CONTACT US FOR ANY REQUEST FOR NEW PRODUCT DEVELOPMENT

AVANTAGES

Plus de fragments de verre
Incassable
Nomade
Stérilisable jusqu' à 115°C
Remplissage propre
Code couleur: au choix
Ouverture facile
100 % recyclable
N'HÉSITEZ PAS À NOUS CONTACTER POUR TOUTE DEMANDE DE NOUVEAU DÉVELOPPEMENT DE PRODUIT



Click & Drink®

CLICK&DRINK® AVAILABLE ON STOCK - WHITE LABEL

SLIMNESS	CELU PRO	10ml	Liquid food Supplement on single-dose, ready-to-drink, with ORGANIC plants extracts: green tea, raspberry, papaya, guarana and green coffe. Ornge flavored drink. ORGANIC flavor. Complément alimentaire en monodose, prêt-à-boire, à base de plantes BIO: thé vert, framboise, papaye, guarana et café vert. Boisson goût orange. Arôme BIO.
BEAUTY	HYALU PRO + COLLAGEN	10ml	Liquid food supplement, ready-to-drink,on single-dose, based on marine collagen NATICOL SEAH®, co-enzyme Q10, hyaluronic acid, vitamin B6 and selenium. ORGANIC flavored grapejuice drink. Complément alimentaire en monodose, prêt-à-boire, à base de collagène marin NATICOL SEAH®, co-enzyme Q10, acide hyaluronique, vitamine B6 et sélénium. Boisson goût raisin. Arôme BIO.
DETOX	DRENA PRO	10ml	Liquid food supplement, ready-to-drink, on single-dose, with ORGANIC plants extracts: fructooligosaccharides and extracts of green tea, guarana, papaya, dandelion and ananas. Orange flavored drink. ORGANIC flavor. Complément alimentaire liquide en monodose, prêt-à-boire, à base d'ingrédients BIO: fructooligosaccharides et extraits de thé vert, guarana, papaye, chiendent et ananas. Boisson goût ananas. Arôme BIO.
WELLNESS	LAXA PRO	10ml	Liquid food supplement, ready-to-drink, on single-dose, based on ORGANIC ingredients: mint, chicory, rhubarb, fennel and anise. ORGANIC flavored red fruits drink. Complément alimentaire en monodose, prêt-à-boire, à base d'extraits de plantes BIO: menthe, chicorée, rhubarbe, fenouil et anis. Boisson goût fruits rouges. Arôme BIO.
ENERGY	COMPLEX-PRO	10ml	Specific high-protein diet: food supplement based on vitamins, minerals and tyrosine. Spécifique diète protéinée: complément alimentaire à base de vitamines, minéraux et tyrosine.
SLIMNESS	CAPTURE PRO	10ml	Liquid food Supplement based on L-carnitine, bean pod, vitamins, minerals, grapefruit, guarana & bio extracts of mate and green tea. Complément alimentaire en monodose, prêt-à-boire, à base de L-carnitine, gousse de haricot, vitamines, minéraux, pamplemousse, guarana & extraits bio de maté et de thé vert.
ENERGY	OCEAN`S 31 OLIGOELEMENTS	10ml	Liquid food supplement on single-dose, based on the totum of the SEAWATER (aqua marina): oligoelements and minerals. Hipertonic drink. Based on the principles of professor QUINTON. Complément alimentaire liquide en monodose, à base d' EAU DE MER TOTALE (aqua marina): oligoéléments et minéraux. Boisson hypertonique. Elaborée selon le protocole du Pr. QUINTON.
DETOX	GLOBALIS DETOX	10ml	Liquid food supplement on single-dose, ready-to-drink, based on ORGANIC plants: red vine, dandelion, burdock, hamamelis, green tea, guarana, mate, orthosiphon, fennel, rosemary, birch. Complément alimentaire liquide en unidose, prêt-à-boire, à base de plantes BIO: vigne rouge, pissenlit, bardane, hamamélis, thé vert, guarana, maté, orthosiphon, fenouil, romarin, bouleau.

NATURAL FREE-FROM ORGANIC ECO-FRIENDLY NATUREL BIO VEGAN

FOOD SUPLEMENTS

Slimness
Minceur

CLA +1000		
60 caps	D8A5-5301	For people who wants to control their silhouette, CLA + targets particularly the abdomen. Pour toutes les personnes qui veulent contrôler leur silhouette, CLA + cible particulièrement l'abdomen.
		Main actives: Conjugated linoleic acid
		Directions: 2 o 4 pearls per day

DRAINER 13+1 PLANTS - DRAINEUR 13+1 PLANTES

500 ml	D8A5-5011	The plants composing this DRAINER help to boost: · Water elimination (draining) · Thermogenesis activation · Hepatic drainage and rebalancing intestinal transit (flat stomach effect). · Venous tone stimulation Les plantes qui composent ce draineur, permettent d'améliorer : · L'élimination de l'eau (drainant) · L'activation de la thermogénèse. · Le drainage hépatique et le rééquilibrage du transit intestinal (effet ventre plat). · La stimulation du tonus veineux
		Main actives: Artichoke, Sarsaparilla, Anise, Boldo, Dandelion, Horestail, Nettles, Orthosiphon, Fucus, Fumitory, Bearberry, birch, Ruscus, grape.
		Directions: 20ml 2 times daily, diluted in 250ml of water.

HEPATIC DRAINER - DRAINEUR HÉPATIQUE

200 ml	D7A5-5013	Based on dry extracts of diuretic and depurative plants, this diet syrup allows organism to reduce water retention and purify the body. Composé d'extraits secs de plantes diurétiques et dépuratives, ce sirop diététique permet de réduire la rétention d'eau et de dépurer le corps.
		Main actives: Artichoke, Sarsaparilla, Anise, Boldo, Dandelion, Horstail, Nettles, Orthosiphon, Fucus, Fumitory, Bearberry, birch, Ruscus, grape
		Directions: 20ml 2 times daily, diluted in 250ml of water.

SLIM +

60 caps	D8A5-5022	The synergy of african mango and raspberry's ketones increases the thermogenesis, activates the metabolism and significantly improves fat metabolism. La synergie de la mangue africaine et des cétones de framboise augmente la thermogénèse, active le métabolisme et aide efficacement à la métabolisation des graisses.
		Main actives: African mango, raspberry's ketones, l-carnitine, citrus, green tea, pure natural caffeine.
		Directions: 2 capsules per day

ANTICEL +

60 caps	D8A5-5031	Bamboo, pineapple and artichoke improve fat surpluses elimination accumulated in the body. Le Bambou, l'ananas et l'artichaut aident à éliminer les surplus de graisses accumulées dans l'organisme.
		Main actives: Ruscus, bamboo, bioflavonoid, artichoke, vitamin C, diosmin, pure natural caffeine.
		Directions: 2 capsules per day

FOOD SUPLEMENTS

Slimness
Minceur

STOP APPETITE - COUPE-FAIM

60 caps	D8A5-5081	Stop Appetite helps to control appetite thanks to insoluble fibre: the glucomannan. The insoluble fibres act mechanically increasing the stomach volume. Stop-Appetite aide à contrôler l'appétit grâce aux fibres insolubles du glucomanane. Les fibres insolubles agissent mécaniquement en augmentant le volume de l'estomac.
		Main actives: Glucomannan, L-Triptophan, peptine, inulin, carboximethyl cellulose, Plantago, Passiflore.
		Directions: 2 capsules per day

DRAINER - DRAINEUR

60 caps	D8A5-5012	The synergy between potassium (liquids regulation) and dry extracts of diuretic & purifying plants improves water elimination. La synergie du potassium (régulation des liquides) et des extraits secs de plantes diurétiques et dépuratives favorise l'élimination de l'eau.
		Main actives: Potassium, Meadowsweet, Orthosiphon, Solidago, Birch, Dandelion.
		Directions: 2 capsules per day

ANTIFAT & SUGAR+

60 caps	D8A5-5042	The high fibre content of phaseolin (bean seeds) improves the intestinal transit, helps to decrease appetite and glucose absorption during meal. Nopal Opuntia has a satiety effect and can absorb up to 3 times its weight in fat. La haute teneur en fibre de la Phaséoline (graines de haricot) facilite le transit intestinal, aide à réduire l'appétit et l'absorption du glucose pendant les repas. Le nopal opuntia a un effet satiétant et peut absorber jusqu'à 3 fois son poids en graisse.
		Main actives: Bean seeds dry extract, nopal Opuntia
		Directions: 2 capsules per day

WEIGHT LOSS+ MINCIR+

60 caps	D8A5-5024	Weight Loss+ improves weight control thanks to dry extracts of depurative & diuretic plants, vitamin B, chrome and essential amino acids. Les extraits de plantes dépuratives et diurétiques, la vitamine B, le chrome et les acides aminés essentiels qui composent Mincir+, facilitent le contrôle du poids.
		Main actives: Cambodgia Garcinia, African Mango, Citrus Aurantium, Solidago, Dandelion, Vitamins B, Chrome.
		Directions: 2 capsules per day

CHOLESTEROL

60 caps	C8A5-5706	Based on red rice yeast, coenzyme Q10, Silybum marianum, vitamins and minerals. Helps maintain optimal lipid levels. Contributes to the normal metabolism of fats. À base de levure de riz rouge, de coenzyme Q10, de Silybum marianum, de vitamines et de minéraux. Aide à maintenir des niveaux optimaux de lipides. Contribue au métabolisme normal des graisses.
		Main actives: Red rice yeast, Q10, Silybum marianum.
		Directions: 2 capsules a day accompanied by a glass of water: 1 with breakfast and 1 with dinner.

FOOD SUPLEMENTS

Wellness
Bien-Être

OMEGA 3+		
60 caps	D8A5-5192	Fish oil rich in Omega 3 (DHA + EPA) helps to prevent arteriosclerosis and control cholesterol level in the blood. Omega 3 has also benefits effects on skin and nervous system thanks to its anti-inflammatory action. L'huile de poisson, riche en Oméga 3 (ADH + AEP), aide à prévenir l'artériosclérose et à contrôler les niveaux de cholestérol dans le sang. L'Oméga 3 a également des effets bénéfiques sur le système nerveux et sur la peau grâce à son action anti-inflammatoire.
		Main actives: Fish oil containing EPA and DHA, Vitamin E.
		Directions: 1-2 capsules per day

ANTIOX+		
60 caps	D8A5-5172	The collagen, vitamins and antioxidant actives fight against free radicals that decrease the cellular aging and protect cells. Le collagène, les vitamines et antioxydants luttent contre les radicaux libres et protège les cellules du vieillissement.
		Main actives: Collagen, Vitamin C, green tea, Ginkgo Biloba, Polygonum Cuspidatum, Pinus Massoniana, Vitamin E.
		Directions: 2 capsules per day

LIGHT LEGS - JAMBES LÉGÈRES		
60 caps	D8A5-5271	This formula is composed of astringent and vasoconstrictor plants which improve the veins reflux and tone arteries for a better circulation. Cette formule est composée de plantes aux vertus astringeantes et vasoconstricteurs qui améliorent le reflux sanguin et tonifient les artères pour une meilleure circulation.
		Main actives: Chestnut India, red vine, hamamelis.
		Directions: 3 capsules per day.

TRIPTO ZEN		
60 caps	C8A5-5052	Reduces the states of nervousness, combats anxiety and irritability. Réduit les états de nervosité, combat l'anxiété et l'irritabilité.
		Food supplement based on L-tryptophan, magnesium and vitamins of group B (B1, B2, B3, B6).
		Directions: 2 capsules per day

FOOD SUPLEMENTS

Wellness
Bien-Être

PHYSIO ZEN		
60 caps	D7A5-5051	Physio zen is composed of dry extracts of calming and analgesic plants that could improve the sleep. Physio zen est composé de plantes aux vertus calmantes et tranquilisantes qui permettent aussi de retrouver un sommeil de bonne qualité.
		Main actives: Valerian, chamomile, passion flower, Citrus Aurantium.
		Directions: 2 capsules per day

PROBIDIGEST		
60 caps	C8A5-5153	Improves the state of the gastrointestinal system. Facilitate digestions. Contains probiotics and prebiotics. Increases the microbiotic of the intestinal mucous. Améliore l'état du système gastro-intestinal. Faciliter les digestions Contient des probiotiques et des prébiotiques. Augmente le microbiotique de la muqueuse intestinale.
		Food supplement based on white clay, dietary fibers, fennel, probiotics and a plant enzyme complex.
		Directions: Take 2 capsules a day. 1 when getting up, 1 at bedtime, accompanied by a glass of water (200-250ml)

GLUTAMINE		
60 caps	C8A5-5704	Repairs muscle fibers and reduces recovery time after physical exercise. Regulates the immune system. It helps repair and scar the intestinal mucosa. Répare les fibres musculaires et réduit le temps de récupération après un exercice physique. Régule le système immunitaire. Aide à réparer et à cicatriser la muqueuse intestinale.
		Main actives: L-glutamine
		Directions: 2 to 4 capsules a day accompanied by a glass of water.

Beauty & Femininity
Beauté & Féminité

60 caps D8A5-5251	The magnesium, plant extracts, zinc and vitamin B composing this formula improve health of hair and nails. Le magnésium, les extraits de plantes, le zinc et les vitamines B qui composent cette formule améliorent la santé des ongles et des cheveux.
	Main actives: Magnesium oxide, vitamin B
	Directions: 2 capsules per day

30 caps

- Libido+ is the natural solution to avoid decreased sexual drive thanks to:

- Maca: anti-fatigue and aphrodisiac
- Ginseng & Guarana: energising and strengthening
- Turnera Diffusa & Rodhiola Rosea: boost libido and cognitive functions.

Libido+ est la solution naturelle pour éviter la baisse du désir sexuel grâce à :

- Maca : propriétés anti-fatigue et aphrodisiaque.
- Ginseng & Guarana : cocktail énergisant et tonifiant.
- Turnera Diffusa & Rodhiola Rosea : stimule la libido et les fonctions cognitives.

Main actives: Maca Andina, Ginseng, Turnera Diffusa & Rodhiola Rosea.

Directions: 2 capsules per day

60 caps D8A5-5181

Antiage + is composed of collagen, bamboo and coenzyme Q10:

- The collagen improves structure and firmness of skin
- The bamboo's ORGANIC silica is an essential trace element for the calcium assimilation and tissues nutrition.
- The coenzyme Q10 is a antioxidant which improves vitality and helps to maintain muscle and heart function.

Antiage + est composé de collagène, de Bambou et de coenzyme Q10 :

- Le collagène améliore la structure et la fermeté de la peau
- La silice organique du bambou est un oligo-élément indispensable à l'assimilation du calcium et à la nutrition des tissus
- La coenzyme Q10 est antioxydant qui augmente la vitalité, l'énergie et aide au bon fonctionnement des muscles et du cœur

Main actives: collagen, bamboo, coenzyme Q10, vitamine E

Directions: 4 capsules per day.

Vitamins & Minerals

Vitamines et Minéraux

60 caps D8A5-5242	Vitamin+ provides vitamins and minerals essential for the organism. Vitamin+ fournit les vitamines et minéraux essentiels au bon fonctionnement de l'organisme.
	Main actives: Magnesium oxide, dicalcium phosphate, Vitamins C, E, B, D, A, ferrous fumarate, manganese gluconate, zinc oxide, silicium dioxide, copper sulfate.
	Directions: 2 capsules per day

60 caps D8A5-5212	Magnesium helps to reduce tiredness and to prevent muscle cramps. It could also fight against irritability. Le Magnésium contribue à réduire la fatigue et à prévenir des crampes musculaires. Le magnésium aide aussi à combattre l'irritabilité.
	Main actives: Magnesium.
	Directions: 2 capsules per day.

60 caps D8A5-5231	Calcium could help : - To regulate energetic metabolism - Blood vessels and muscle contract - To send message through the nervous system - To secrete hormones and enzymes - To strengthen the bones. Le calcium peut contribuer : - A réguler le métabolisme énergétique - Au fonctionnement des muscles et des vaisseaux - A transmettre des messages par le système nerveux - A sécréter des hormones et enzymes - A fortifier les os
	Main actives: Calcium, Vitamin D
	Directions: 2 capsules per day

60 caps D8A5-5221	Calcium could help: Potassium may maintain body's water-balance, prevent muscular tension and regulate blood pressure and heart rate. Le Potassium est nécessaire au maintien de l'équilibre hydrique, à la prévention des contractions musculaires et à la régulation de la tension artérielle et du rythme cardiaque.
	Main actives: Potassium
	Directions: 2 capsules per day

FOOD SUPLEMENTS

Vitamins & Minerals

Vitamines et Minéraux

SODIUM

60 caps D8A5-5201



Sodium contributes to body's water-balance, regulates blood pressure and prevents muscle cramps. Ce minéral contribue à l'équilibre hydrique du corps, régule et prévient les crampes musculaires.

Main active: Sodium

Directions: 2 to 5 capsules per day

MAGNESIUM CARBONATE

60 caps C8A5-5212



Compensates those periods of physical and / or mental overstress. Minimize the decline or weakness. Avoid the appearance of cramps. Moderate laxative effect. Aide à diminuer la fatigue et le manque d'énergie. Le magnésium contribue à l'équilibre électrolytique, au métabolisme énergétique et au bon fonctionnement du système nerveux et des muscles. Effet laxatif modéré.

Main active: Magnesium

Directions: 1 capsule a day with breakfast or dinner

IRON

60 caps C8A5-5702



Collaborates in numerous biodynamic circuits essential for life, such as the transport of oxygen and its storage, the transport of electrons and their energy metabolism, antioxidant and beneficial pro-oxidant functions, oxygen detection, DNA synthesis and regulation of the intracellular iron. Collabore dans de nombreux circuits biodynamiques essentiels à la vie, tels que le transport de l'oxygène et son stockage, le transport des électrons et leur métabolisme énergétique, des fonctions antioxydantes et pro-oxydantes bénéfiques, la détection de l'oxygène, la synthèse de l'ADN et la régulation de la fer intracellulaire.

Main actives: Vitamin C and iron bisglycinate.

Directions: 1 capsule a day with breakfast or dinner.

VITAMIN D3

60 caps C8A5-5701



Based on vitamin D3 (cholecalciferol), an essential element for the organism (mineral balance, innate and adaptive immunity and cardiovascular protection). A base de vitamine D3 (cholécalfcérol), élément essentiel pour l'organisme (équilibre minéral, immunité innée et adaptative et protection cardiovasculaire).

Main actives: Vitamin D3

Directions: 1 capsule a day with a glass of water, during breakfast.

FOOD SUPLEMENTS

Bg Pharma

MENOCARE INTEGRAL

Box 30c+30p C8A5-5531



A unique product for the relief of the main symptoms of menopause. Regulates the female hormonal system: hipotálmo-hipófisis-ovario axis. It controls disorders such as irritability, anxiety and sleep disturbances. Improves symptoms such as hot flashes and sweating, cardiovascular health and metabolic syndrome, vaginal dryness, bone system (osteoprotector). Action globale pour les symptômes de la ménopause. Régule le système hormonal féminin: axe hipotálmo-hipófisis-ovario. Il contrôle des troubles tels que l'irritabilité, l'anxiété et les troubles du sommeil. Améliore les symptômes tels que les bouffées de chaleur et la transpiration, la santé cardiovasculaire et le syndrome métabolique, la sécheresse vaginale, le système osseux (ostéoprotecteur).

Main actives

Capsule: Acraea racemosa, Trigonella foenum graecum, Zingiber officinale, Arctostaphylos uva-ursi, Passiflora Incarnata, Salix alba, Lepidium meyenii, etc.

PEARL: Onagre

Directions: 1 capsule and 1 pearl a day, in the morning.

PROSTABEN

40 caps C8A5-5521



Improves the general symptoms of benign prostatic hyperplasia. Deflates and exerts an antioxidant effect. Améliore les symptômes généraux de l'hyperplasie bénigne de la prostate. Action anti-inflammatoire et exerce un effet antioxydant.

Main actives: Pumpkin seeds (EFLA® 940), zinc, lycopene.

Directions: 1 capsule a day, after breakfast.

FERTISTIM PLUS

60 caps C8A5-5501



Increases the production, mobility and quality of sperm in man. It favors the maturation of the oocytes, potentially improving fertility in women. Improves the general perception of sexual well-being in the couple. Augmente la production, la mobilité et la qualité du sperme chez l'homme. Il favorise la maturation des ovocytes, améliorant potentiellement la fertilité chez les femmes. Améliore la perception générale du bien-être sexuel dans le couple.

Main actives: Andean maca, eleutherococcus, ginkgo biloba, vitamins, minerals and amino acids.

Directions: 2 capsules a day, every 12 hours.

ZIBARDEM BODY CREAM

100 ml BD26A6-5601



Intense moisturizing emulsion. Recommended for:

- Dry and scaly skin.
- Psoriasis in maintenance phase.
- Cutaneous Ichthyosis.
- Epidermal dryness (reactive to pharmacological treatments or after certain diseases).
- Atopic dermatitis in maintenance phase.

Emulsion hydratante intense. Recommandé pour:

- Peau sèche et squameuse.
- Psoriasis en phase de maintenance.
- Ichtyose cutanée.
- Sécheresse épidermique (réactive aux traitements pharmacologiques ou après certaines maladies).
- Dermite atopique en phase de maintenance.

REGENERATING CREAM AND ANTI-STRECH MARKS

200 ml BD26A6-5611



It prevents the appearance of stretch marks and / or helps to make them uniform. Recommended for:

- Pregnancy.
- Puberty.
- Sudden changes in weight.

Prévient l'apparition de vergetures et / ou aide à les rendre uniformes. Recommandé pour:

- Grossesse.
- Puberté.
- Changements de poids rapide.



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